

Sweet Potato and Carrot Mash

Printed from Potato Recipes at <http://www.potatorecipes.co.uk/>

This mash makes a lovely side dish in place of normal potato mash. Try it next time you make a roast dinner.

Ingredients:

2 sweet potatoes
2 large carrots
100g butter
Salt and pepper

Directions:

1. Peel both the potatoes and the carrots and finely chop them.
2. Place the veg into a saucepan of boiling water and cook until soft, about 15 minutes. Once soft, drain the pan of all water.
3. Mash the carrot and potato with the butter and a healthy pinch of seasoning. Either mash until smooth and creamy or leave it textured if you want it chunkier.

Author: Laura Young